



## VOLUNTEER POSITION DESCRIPTION

<b>POSITION TITLE:</b> Prenatal Nutrition and Support Program Volunteer	<b>SUPERVISOR</b> Admin Supervisor-Health Promotion
<b>DATE PREPARED:</b> July 2024 <b>START:</b> September 2024	<b>OTHER DIRECTION RECEIVED FROM:</b> 5Ps Family Support & Outreach Worker and 5Ps Program Coordinator

### POSITION SUMMARY:

This hybrid virtual & in-person program provides nutrition-based information for pregnant participants registered in the 5Ps Prenatal Nutrition and Support Program. Information and support provided by nurses, program staff, dietitians, settlement workers, and mental health counselors among other health and social service professionals.

Volunteers assist staff in the program and provide support to parents and babies living in the Parkdale community.

Volunteers report to: Admin Supervisor – Health Promotion

Please note that we request a minimum 6-month commitment from all volunteers.

### RESPONSIBILITIES:

- Assist with welcoming arriving program participants, help them sign in, and get settled
- Introduce participants attending for the first time to staff, other participants and to the resources in the room
- Help with the room set-up and clean up
- Help with the preparation and distribution of take-away snacks
- Help with the preparation and distribution of food bank hampers
- Provide assistance in childcare room with set up and clean up, when needed

### QUALIFICATIONS:

- Criminal Police Check (letter will be provided so that fee for this is waived)
- Ability to work with diverse community members of Parkdale
- Strong communication skills

Other language(s) in addition to English an asset

### HOURS:

Volunteer services for this position are required at Queen/Roncesvalles on Thursdays from 12:30pm – 3pm. Interested candidates can contact Tricia Williams: [twilliams@pqwchc.ca](mailto:twilliams@pqwchc.ca).