



## Counsellor

**One Year Contract, Full-Time position 1.0 FTE (35 hours/week) Bargaining Unit – UFCW Local 175**

**Parkdale Queen West Community Health Centre** (Parkdale Queen West CHC) is a dynamic, community-based health care organization serving mid-west downtown Toronto. Offering a broad range of services, including primary health care, dental care, harm reduction, health promotion, counselling, and community development programming, we are also committed to serving people who face barriers to health care, and we strive to reduce these barriers. PQWCHC is a multi-sited organization.

**General Responsibilities:** This position will be providing essential supportive counselling and occasional case management as key elements to address the social determinants of health for marginalized clients served by PQWCHC. Working as a member of an interdisciplinary team, the Counsellor provides short to medium-term counselling, crisis management, case management, referrals, and systems advocacy towards achieving greater stability and attachment for improved health and well-being. The position may also entail community development work with clients, staff and other organizations to develop or strengthen appropriate resources and policies for this population.

**Reporting Manager:** Manager of Mental Health Services

### Specific Responsibilities:

- Provide client-centered case management, counselling and coordination of services in the Health Centre.
- Provide therapeutic assessment, formulations and appropriate treatment.
- Provide intervention and therapeutic treatment to adults, individually, in families and in groups using a trauma informed motivational interviewing approach and with stage matched interventions.
- Provide information and individual advocacy for clients regarding issues such as housing, income support, addiction treatment programs, food and clothing, health, employment and legal services.
- Arrange and follow up with case consultation and case planning with other members of the team at PQWCHC; and with other agencies and institutions with which the client is involved
- Maintain timely and appropriate written and electronic client records, reports and correspondence
- Liaise with community agencies and institutions regarding issues relevant to client need.
- Work with other service providers to identify gaps in services or required services, and promote the introduction of revised or new services
- Develop and practice within guidelines of appropriate protocols and policies as required by the Centre.
- Participate in the overall activities of the Health Centre, e.g., in-service training, committees, special events, shared staff responsibilities.

### Skills & Qualifications:

- Graduate degree in relevant discipline from a recognized university.
- Member in good standing with the OCSWSSW or CRPO
- Three to five years of counselling experience; preferably in a community health setting.
- Proficiency in mental health assessment and counseling techniques that are trauma-informed and strength-resiliency-based.
- Experience providing support or treatment to adults with significant mental health/trauma/addiction challenges
- Knowledge of and experience in motivational interviewing and staged matched interventions

*PQWCHC is committed to the principles of access and equity. PQWCHC is committed to reflecting the diversity of the communities it serves and we encourage applicants who reflect Toronto's indigenous, LGBTQ2, racial, and cultural diversity. We welcome and encourage applications from all qualified candidates, including people with disabilities. Accommodations are available on request. Parkdale Queen West CHC is in full compliance of the Ontario Human Rights Code and does not discriminate on the ground of records of offenses.*



- Formal training and experience with a variety of responsive treatment interventions (e.g., Brief Therapy, CBT, DBT, Motivational Interviewing techniques, etc.)
- Demonstrated ability to work with multi-disciplinary teams.
- Proficiency in the use of computers and various software applications.
- Proficiency in another language is considered an asset.

**Compensation:** \$62,736 to \$73,323 per annum

If you are interested in joining a creative and dedicated team to make things better, we want to hear from you. Please send your resume and cover letter **in a single document** (MS Word or PDF format only) to [hr@pqwchc.ca](mailto:hr@pqwchc.ca), quoting "Counsellor" in the subject line. Internal candidates please submit application by 5:00 pm of October 23, 2019. We truly appreciate your interest; however, only those candidates selected for an interview will be contacted. Please also note that the successful candidate will be required to provide a criminal reference check as a condition of employment.