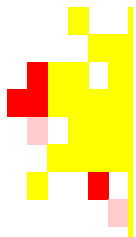


August 2019-Datkaagmini Giizis-Thimbleberry Moon

The eight moon of creation is Thimbleberry Moon(Blackberry Moon), when we honor the blackberry which produces an abundance of fruit once every three years. It was one of the first plants put on Mother Earth, and its purpose is to protect the Sacred Circle of Life by allowing us to recognize and understand the teachings that come from the spirit world.



**PARKDALE
QUEEN WEST
Community
Health Centre**



<i>Mon</i> 1229 Queen St W	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i> 168 Bathurst Street
Monday's -Parkdale site- 1229 Queen St W/Dufferin- 9:30-BREAKFAST-12:00 – lunch SERVED	For More info: Call Vivian at 416 703 8482 ext 2426 or Carlos at ext: 2320	We work on a harm reduction basis & ask that you respect the Seven Grandfather Teach- ings while attending the program. Miigwetch	1	2 Drop In-10:1:00 NIHB & BINGO
5 STAT –CLOSED No Parkdale Group	6	7 Meeting Place Spirit Circle-10-12	8	9 Tim McGregor-10:30- 12:30
12 Parkdale Indigenous Circle-9:30-1:00 Danny Beaton-10-12	13	14 Meeting Place Spirit Circle-10-12	15	16 CNE Outing-Must sign up & depart 10:00 am SHARP
19 Parkdale Indigenous Circle-9:30-1:00 Craft or video's	20	21 Meeting Place Spirit Circle-10-12	22	23 Traditional Teacher- Wanda Whitebird-10:30 -12:30-Birthday cele- brations
26 Parkdale Indigenous Circle-9:30-1:00 Drumming Circle-10-12	27	28 Meeting Place Spirit Circle-10-12	29	30 Drop In- Nicole T-NWRC to do housing intakes with women-drumming Cir- cle

SCHEDULE:

Fri Aug 2-10-11:00-
NIHB-presentation by
Miryan Rutledge, find
out latest benefits &
get a info on what is
covered by the Status
Cards-
11:00-12:30 BINGO

Fri August 9th-Circle
& Teachings with Tim
McGregor, An-
ishinaabe Knowledge
Keeper-10:30-12:30

Fri Aug 16th-CNE
Outing with KAPOW
& WOW groups-
breakfast 9-10 am-
Depart 10am SHARP-
tokens & lunch provid-
ed with ride tickets.
Must be a member of
Four Winds.

Fri Aug 23rd-Wanda
Whitebird-Circle &
Teachings-10:30-12:30

Fri Aug 30th-drop in-
Drumming Circle